

KENYA VISION 2030
Towards a globally competitive and prosperous nation.



“Transforming Lives through Quality Education”



10th Mau-Egerton University Cross-Country ‘Run for Mau’

Brand Ambassadors:



Faith Kipyegon

Purity Chepkurui

PROGRAMME

CHIEF HOST: Prof. Isaac O. Kibwage, PhD, HSC Vice-Chancellor

CHIEF GUEST: Hon. Ababu Namwamba

1st March, 2025



VENUE: SPORTS GROUNDS

Registration Here: <https://crosscountry.egerton.ac.ke/take-part>

PROGRAMME

MASTER OF CEREMONY: Dr. Maurice Udoto & Mr. Kioko Kivandi

ANNOUNCER: Mr. Bonface Mwakio

| TIME | RACES | ACTIVITIES |
|-----------------|-------|---|
| 6.30am - 7.30am | | Registration |
| 7.30am - 8.00am | | Assembly |
| 8.00am | | Start of Races |
| | 4Km | Egerton University Staff (Faculties, Departments) |
| | 2Km | Staff and Community over 55 years |
| | 2Km | Under 10 years (Comprehensive Schools) |
| | 4Km | 11 - 15 years (Comprehensive Schools) |
| | 1Km | University Management Board, Council & CEOs |
| | 4Km | Corporate/Alumni |
| | 6Km | Under 20 years (Women/Secondary Schools) |
| | 8Km | Under 20 years (Men/Secondary Schools) |
| | 10Km | Senior Women/Universities |
| | 10Km | Senior Men/Universities |
| 2.30pm - 3.30pm | | <ul style="list-style-type: none"> - Awards and Speeches - Remarks by Vice Chancellor - Remarks by Athletics Kenya (AK) President - Remarks by Chief Sponsor KCB Group - Remarks by CECM Gender, Sports & Social Services - Nakuru County - Remarks by M.P. Njoro Constituency - Remarks by M.P. Kuresoi North - Remarks by Chairman of Council - Remarks by Hon. Ababu Namwamba - Prayer and Closure |

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RACE CATEGORIES

| RACES | TYPE |
|-------|---|
| 4Km | Egerton University Staff (Faculties, Departments) |
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